ST BENEDICT’S ANNUAL SWIMMING CARNIVAL 2013

Complete the attached form and return it to school no later than Friday, 8\textsuperscript{th} February.

Dear Parents,

The St Benedict’s annual Swimming Carnival will be held on \textbf{Monday, 18\textsuperscript{th} February, 2013} at the Queanbeyan Aquatic Centre. Every student in Years 2-6 is encouraged to participate in at least one event. Place ribbons for first, second and third will be awarded for the 50m & 100m events and will be handed out at the assembly in Week 3.

Due to the timing of the event Kindergarten students will not attend.

\textbf{Novelty events}: will be held for Year 1 and novice swimmers. Novelty events will be held in the shallow end of the pool and the wading pool.

\textbf{Across the pool (approx 20m) events}: Are for those with the basic skills but not yet the stamina for a longer distance and therefore happen at the shallow end of the pool. Children who choose to swim in these events will not be able to swim in the 50m or 100m event for the same stroke. Capable swimmers are encouraged to swim the longer distances for those events that they are able to, e.g. your child may choose to swim in the ‘Across the Pool’ Breaststroke and then the 50m Freestyle.

\textbf{50 m, 100 m and 200 m events}: Are for capable (but not just expert) swimmers. Please be sure that your child has swum this distance before. Your child cannot swim the ‘Across the pool’ distance in a stroke if they are entered in the 50/100 m event for the same stroke. Please encourage your child to swim the distance that they are capable of.

\textbf{Representation at SWPSSA}: Students representing the school at the South Weston PSSA Carnival will be selected based on times and not on places. Races at SWPSSA for all strokes and distances begin at age 10. There are freestyle races for ages 8 and 9 for a 50m distance only. There are no 25m distance events at the zone carnival.

\textbf{Uniform}: Students will take their school bag containing all they need. Use the following checklist:

- wear sports uniform (label)
- swimmers underneath (label)
- towel
- plastic bag for wet items
- school hats
- sunscreen
- swim cap – optional
- goggles – optional

\textbf{Food and drink}: Children will need to bring their own lunch and recess, etc in their school bag. Please ensure the children have plenty to eat and drink.

\textbf{Parent Assistance}: To help the day run as smoothly as possible, we will need many parents to act as officials on the day. If you know that you will be free and are able to assist could you please indicate this on the accompanying form.

\textbf{Cost}: The cost of the carnival will be covered by the Excursion Levy, payable ASAP to the front office. No money is required with the permission slip.

Attached is a nomination form and a permission form for the event. Please return by Friday 8\textsuperscript{th} February to ensure that the races can be finalised.

Thank you for your support. We look forward to a fun day!

Thank you,

Stephanie Lovat
Assistant Principal
SWIMMING CARNIVAL NOMINATION FORM

Due to school by Wednesday 9th February.

Child’s Name: ______________________________   Date of Birth: ________________

Age turning in 2013: _______   Year level: _______   House: ________________

Please tick the events your child would like to participate in:

<table>
<thead>
<tr>
<th>Event</th>
<th>Across the Pool</th>
<th>or 50m</th>
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</thead>
<tbody>
<tr>
<td>Freestyle</td>
<td></td>
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<tr>
<td>Backstroke</td>
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<tr>
<td>Breaststroke</td>
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<tr>
<td>Butterfly</td>
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<tr>
<td>Freestyle 100m</td>
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<tr>
<td>Backstroke 100m</td>
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<tr>
<td>Breaststroke 100m</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Butterfly 100m</td>
<td></td>
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</tr>
</tbody>
</table>

Novelty Events

I have discussed these selections with my child and agree with them.

Name: ________________________________________________________________________

Signature______________________________________________ Date ________________

(NB: This note is to be returned to Ms Lovat via the Classroom Teacher)

I already know that I will be available to assist as an official on the 18 February, 2013.

Child’s name: ______________________________   Year Level: ________________

Parent’s name: _________________________________________________________________

Phone: ___________________ (H) ___________________ (W) ___________________(mob)

(NB: This note is to be returned to Ms Lovat via the Classroom Teacher)
SWIMMING CARNIVAL PERMISSION SLIP

Due to school by Friday 8th February

Child’s Name: ___________________________ Date of Birth: ______________

School Statement:
This excursion has been carefully planned in regards to safety, inclusive participation and enjoyment. Supervision of students will be conscientiously carried out. Students who pose a safety risk to themselves or others will need to be collected by parents or returned to the school.

Parent Consent:
As Parent/Guardian of the above named student, I give my consent for him/her to participate in the Swimming Carnival at the Queanbeyan Aquatic Centre on 18th February, 2013 travelling by hire bus and agree to delegate my authority to the staff involved.

I also authorise the teachers and centre staff to obtain medical assistance which they deem necessary should an accident occur, and agree to pay all medical expenses incurred on behalf of the above student. Listed below are specific medical requirements or other needs relevant to my child participating in the excursion.

| Medical Condition (e.g. allergies, asthma) | Treatment Plan |
|_________________________________________|----------------|

Emergency Contact (18th February):

Name: _________________________________ Phone: _______________________

Parent/Guardian Signature_____________________________ Date ______________

(NB: This note is to be returned to the Classroom Teacher)