



St Benedict's Primary School

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24 September 2018

Swim School Program

Dear Parents and Care Givers

As you will be aware, students in Kindergarten, Year 1 and Year 2 participate in a swimming program. The cost of the program has been covered in the swimming levy as part of the school fees. The program will take place at Kings Swimming School Deakin and will occur once a week for ten weeks starting on:

Monday 15th October through to Monday 10th December
Session Time: 12.15pm – 1.45pm

This timing will mean that children will be eating recess and lunch at different times during this period. We suggest that the children reverse their eating pattern, with them eating their more substantial meal at Recess time and snack food at Lunch time. They will be taking their lunch snack to the pool with them.

Qualified instructors will be teaching the children at the pool. They will be able to cater for learn-to-swim groups as well as advanced swimmers. Only children with a medical issue will be excused from the program.

- Students will travel to and from the pool by bus.
- Students will need to **WEAR** their swimmers under their school uniform to school with shoes and socks.
- Students must bring their **underwear, tee shirt, towel, goggles and thongs in a separate bag.**
- Students will need to bring their lunch snacks in a labelled lunch box and bring a water bottle with them to the pool.
- **All items of clothing must be labelled.**

The attached Registration Form is required before the program commences in October.

We apologise for the quick turn around with notes. Please return the completed forms including the bus permission slip to school by Thursday 27th September 2018.

Yours sincerely

Rachel Smith
Principal

Fran Tomadini
Kinder Teacher

Natalie Wright
Year 1/2 Blue Teacher

Breana Walshe
Year 1/2 Gold Teacher

FRIDGE DOOR CHECKLIST

Swimming Bag

Items for the Swimming Bag:

1. Underwear
2. Towel
3. Goggles
4. Thongs
5. Water bottle
6. Lunch Snacks

Swim School Program

I give permission for my child _____ in

- Kinder
- Year 1/2 Blue
- Year 1/2 Gold

to attend the Swim School Program at the Kings Swim School,
Deakin on:

Monday 10th October through to Monday 10th December

Session Time: 12.15pm – 1.45pm

and to be transported by bus.

SIGNED _____ **DATE** _____

Student's Name - _____

My child has/had lessons at Kings _____
He/she is a K- _____ swimmer

My child has/had swimming lessons (other) _____

✓ Please tick.... I can:

Enter the water by myself

Put my face in the water

Glide in a "torpedo" shape without a board

Kick on my back without a board

Swim backstroke with correct arm action

Dive into the water smoothly

Swim freestyle with a kickboard and with correct breathing

Swim freestyle without a kickboard and with correct
breathing

Swim freestyle, backstroke and correct breaststroke

Swim freestyle, backstroke, breaststroke and butterfly

Is there any other information we should know about your
child? _____

Medical Conditions: _____
