



# St Benedict's Primary School

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15 September 2017

## Swim School Program

Dear Parents and Care Givers

As you will be aware, students in Kindergarten, Year 1 and Year 2 participate in a swimming program. The cost of the program has been covered in the swimming levy as part of the school fees. The program will take place at Kings Swimming School Deakin and will occur once a week for ten weeks starting on:

Monday 9th October through to Monday 11th December

Session Time: 12.15pm – 1.45pm

This timing will mean that children will be eating recess and lunch at different times during this period. We suggest that the children reverse their eating pattern, with them eating their more substantial meal at Recess time and snack food at Lunch time. They will be taking their lunch snack to the pool with them.

Qualified instructors will be teaching the children at the pool. They will be able to cater for learn-to-swim groups as well as advanced swimmers. Only children with a medical issue will be excused from the program.

- Students will travel to and from the pool by bus.
- Students will need to **WEAR** their swimmers under their school uniform to school with shoes and socks.
- Students must bring their **underwear, tee shirt, towel, goggles and thongs in a separate bag.**
- Students will need to bring their lunch snacks in a labelled lunch box and bring a water bottle with them to the pool.
- **All items of clothing must be labelled.**

**The attached Registration Form is required before the program commences in October.**

**Please return the completed forms including the bus permission slip to school by Thursday 21<sup>st</sup> September 2017.**

Yours sincerely

Rachel Smith  
Principal (Acting)

Fran Tomadini  
Kinder Teacher

Alana Quirk  
Year 1/2 Blue Teacher

John Siljeg  
Year 1/2 Gold Teacher

# FRIDGE DOOR CHECKLIST

## Swimming Bag

Items for the Swimming Bag:

1. Underwear
2. Towel
3. Goggles
4. Thongs
5. Water bottle
6. Lunch Snacks

## Swim School Program

I give permission for my child \_\_\_\_\_ in

- Kinder
- Year 1/2 Blue
- Year 1/2 Gold

to attend the Swim School Program at the Kings Swim School,  
Deakin on:

Monday 9<sup>th</sup> October through to Monday 11<sup>th</sup> December

Session Time: 12.15pm – 1.45pm

and to be transported by bus.

**SIGNED** \_\_\_\_\_ **DATE** \_\_\_\_\_

Student's Name - \_\_\_\_\_

My child has/had lessons at Kings \_\_\_\_\_  
He/she is a K- \_\_\_\_\_ swimmer

My child has/had swimming lessons (other) \_\_\_\_\_

✓ Please tick.... I can:

Enter the water by myself

Put my face in the water

Glide in a "torpedo" shape without a board

Kick on my back without a board

Swim backstroke with correct arm action

Dive into the water smoothly

Swim freestyle with a kickboard and with correct breathing

Swim freestyle without a kickboard and with correct  
breathing

Swim freestyle, backstroke and correct breaststroke

Swim freestyle, backstroke, breaststroke and butterfly

Is there any other information we should know about your  
child? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

Medical Conditions: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_