

Summer Tuckshop Menu - 2018

RECESS

- ◆ Pizza scrolls 50c ea
- ◆ Piece of Fruit 50c ea
- ◆ Cupcake of the day \$1.00
- ◆ Jelly Cup 50c
- ◆ Hummus and Veggies \$1.10
- ◆ Popcorn 50c
- ◆ Salsa and Crackers \$2.00
- ◆ Veggie balls 50c ea

DRINKS

- ◆ Plain Milk - 150ml \$1.60
- ◆ Add a potluck Sipahh Straw 60c

LUNCH

1. Bento Box 1 \$8
Lettuce, ham & carrot rolled up sandwiches, with mini melon skewers, cucumber baskets with cherry tomatoes, lettuce & cheese cups, and fresh seasonal fruit pieces
2. Bento Box 2 \$8
Eggy scrolls, hummus with veggie sticks, Echidna ball, chia pudding, seasonal fruit cup
3. Strawberry Cucumber Salad \$6
Strawberries, cucumber ribbons, fetta, snow peas, pumpkin and sunflower seeds

4. Chopped Salad \$5.50
Lettuce, Carrot, Cucumber, Tomato, Corn
Add Capsicum, Beetroot shreds, Cheese 50c ea
Add Meat: Chicken, Egg, Tuna \$1.00ea

HOT FOOD

- ◆ Baker at Sutton Pie \$3.60
- ◆ Bene's Sausage Roll \$3.20
- Sauce 20c ea

SANDWICHES

All served on Dom's bread

- ◆ One/Two Fillings \$3.70
- ◆ Three/Four Fillings \$4.20
- ◆ Five + fillings \$4.70

Fillings

- ◆ Chicken
 - ◆ Ham
 - ◆ Egg
 - ◆ Tuna
 - ◆ Cheese
 - ◆ Tomato
 - ◆ Vegemite
 - ◆ Lettuce
 - ◆ Carrot
 - ◆ Cucumber
 - ◆ Deeks Gluten Free Bread
- Extra \$1

Frozen Treats

- ◆ Berry Iced Lollies 60c

Specials

Each week a series of surprises will be included on the counter. Could be sweet, or savoury.

Amber Days will occur twice each term on the last Friday of the month.

How to Order

To place your Tuckshop order, please place your child's order on a paper bag including:

Name:

Class:

Over-the-counter sales are restricted to the Recess Menu and drinks during the recess period only.

Prices are subject to change



Do you have some spare time? Are you interested in being involved at the school? The St Benedict's Tuckshop is the perfect place for you. Volunteers are always welcome and contributions valued.

If you have any dietary requests for your children, please contact me to discuss; I am a firm believer in inclusivity giving children the opportunity to experience the tuckshop window.

cara.cook@cg.catholic.edu.au

