ST BENEDICT’S ANNUAL SWIMMING CARNIVAL 2016

Complete the attached form and return it to school no later than Monday, 15th February, 2016

Dear Parents and Carers,

The St Benedict’s annual Swimming Carnival and fun day will be held on **Tuesday, 23rd February, 2016** at the Queanbeyan Aquatic Centre. It is a whole school event. Every student in Years 2-6 is encouraged to participate in at least one event. Place ribbons for first, second and third will be awarded for the results of the 50m, 100m & 200m events and participation certificates are handed out at assembly for other events.

**Novelty activities** will be held for Kinder, Year 1 and novice swimmers. Novelty events will be held primarily in the wading pool.

**Across the pool events (approx 20m)** are for those in Years 2-6 with the basic skills but not yet the stamina for a longer distance and therefore happen at the shallow end of the pool. A teacher is present in the pool at all times. Capable swimmers are encouraged to swim the official distances for those events (i.e. 50m, 100m, etc).

**50 m, 100 m and 200 m events** are for capable (not just expert) swimmers. Please be sure that your child has swum this distance before. Please encourage your child to swim the distance that they are capable of.

**Representation at PSSA:** Students representing the school at the South Weston PSSA Carnival will be selected based on qualifying times provided by PSSA and not on places. Races at SWPSSA for all strokes and distances begin at age 10. There are freestyle races for ages 8 and 9 for a 50m distance only. There are no 25 m events at the zone carnival.

**Uniform:** Students will take their school bag containing all they need. Use the following checklist:

- □ wear sports uniform (label)
- □ swimmers underneath (label)
- □ towel (label)
- □ plastic bag for wet items
- □ school hat
- □ sunscreen
- □ swim cap – (a school one can be borrowed)
- □ goggles – optional

**Food and drink:** A sausage sizzle note will go home Friday for those wishing to order a sausage on the day. Children will need to bring their own lunch and recess, etc in their school bag. Please ensure the children have plenty to eat and drink.

**Parent Assistance:** To help the day run as smoothly as possible, we will need many parents to act as officials on the day. If you know that you will be free and are able to assist could you please indicate this on the accompanying form.

**Cost:** The cost of the carnival will be covered by the Excursion Levy as a part of the Term 1 Fees. No money is required with the permission slip.

Attached is a nomination form and a permission form for the event. Please return by **Monday 15th February** to ensure that the heats can be finalised.

Thank you for your support. We look forward to a fun day!

Thank you,

Matthew Garton & John Siljeg

*Swimming Carnival Coordinators*
SWIMMING CARNIVAL 2016 PERMISSION SLIP

Due to school by Monday 15th February

Child’s Name: ___________________________________________ Date of Birth: _________________

School Statement:
This excursion has been carefully planned. Supervision of pupils will be conscientiously carried out. Students are expected to follow all rules and procedures in place. Parents may be contacted if their child places themselves or others at risk due to non-compliance.

Parent Consent:
As Parent/Guardian of the above named student, I give my consent for him/her to participate in the Swimming Carnival at the Queanbeyan Aquatic Centre on Tuesday, 23rd February, 2016 travelling by hire bus.

I authorise the teachers and centre staff to obtain medical assistance which they deem necessary should an accident occur. Listed below are specific medical requirements or other needs relevant to my child participating for this excursion.

<table>
<thead>
<tr>
<th>Medical Condition (e.g. allergies, asthma)</th>
<th>Treatment Plan</th>
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Emergency Contact (for 23rd February):

Name: ___________________________________________ Phone: _____________________________

Parent/Guardian Signature ___________________________________________ Date __________

__________________________________________

Student Year 2 to 6
Please turn over
SWIMMING CARNIVAL 2016 NOMINATION FORM

Due to school by Monday 15th February

Child’s Name: ___________________________ Date of Birth: __________

Age turning in 2016: _______ Year level: _______ House: Red/White/Green/Unknown

Please tick the events your child would like to participate in:

- **Freestyle**
  - Across the Pool
  - OR 50m
  - OR 100m

- **Backstroke**
  - Across the Pool
  - OR 50m
  - OR 100m

- **Breaststroke**
  - Across the Pool
  - OR 50m
  - OR 100m

- **Butterfly**
  - Across the Pool
  - OR 50m

- **Freestyle 100m**

- **Backstroke 100m**

- **Breaststroke 100m**

- **Butterfly 100m**

- **Novelty Events**

My child would like to participate in 200m for the stroke(s): __________________________________________________________

I have discussed these selections with my child and agree with them.

Parent Name: __________________________________________________________

Signature________________________________________ Date ___________________

I will be available to assist on the 23rd February 2016 at the swimming carnival.

Child’s name: ___________________________ Year Level: ________________

Parent’s name: ______________________________________________________

I do/do not have a Working With Vulnerable People card.

Phone: ___________________ (H) ___________________ (W) ___________________(mob)