



# St Benedict's Outdoor Discovery Play Area

As we have a large number of boys and girls from Years K-6 that love digging in the dirt and building with objects from nature, St Benedict's is planning to build an outdoor discovery play area. In this area, we would like to include a variety of different spaces that encourage creative and imaginative play and allow the students to connect further with their natural surroundings.

## Did you know...?

- ✓ Children who play in natural settings are more resistant to stress and have a higher measure of self-worth.
- ✓ Children who play in natural settings play in more diverse, imaginative and creative ways and show improved language and collaboration skills.
- ✓ Natural, irregular and challenging spaces help kids learn to recognise, assess and negotiate risk and build confidence and competence.



## How can you help?

Do you have any unwanted materials at home that may be useful in building our play areas?

We are seeking donations of materials such as:

- sand or clean soil
- black plastic
- old tyres – large and small
- large rocks
- garden pebbles
- PVC pipe
- bark chips
- old wheel barrows
- railway sleepers
- treated pine posts
- shade cloth
- large timber off cuts
- native plants
- plastic play animals/objects i.e. dinosaurs, farm animals, fairies
- toy cars and trucks
- children's plastic gardening tools



**Please let the Office Staff know if you are able to help in any way. All donations are appreciated.**