PRINCIPAL’S COLUMN

Dear St Benedict’s Community,

Sorry Day
‘Create in me a clean heart, O God, and renew a right spirit within me.’ (Psalm 51:10)
We will commemorate Sorry Day this Thursday at 2.15pm in the School Hall. Year One will lead us with the assistance of Mr Tony Liston (grandfather to Sebastian and Ari) and we welcome all who wish to gather with us.

Sorry Day began in 1998, one year after the tabling of the Bringing Them Home report. The report was the result of an inquiry by the Human Rights and Equal Opportunity Commission into the removal of Aboriginal and Torres Strait Islander children from their families. In recent years we also remember The Apology to The Stolen Generations made by the Australian Government in 2008.

Seeking forgiveness is such a crucial step towards bringing healing and unity where hurt prevails. It takes courage to seek forgiveness and restitution. Forgiveness is fundamental to our Catholic faith and commemorating Sorry Day is a natural extension of the way that Jesus teaches us to live.

St Paul writes ‘Be kind to one another, tenderhearted, forgiving one another, as God in Christ forgave you.’ (Ephesians 4:32).

Flying the Aboriginal Flag
On Sorry Day and throughout Reconciliation Week we will fly the Aboriginal Flag at the front of the school in place of the Australian Flag. When a school has only one flagpole they can fly only one flag and so in the spirit of Reconciliation we will fly the Aboriginal Flag proudly.

Books for Classrooms
Late last week we received a shipment of 400 new books to the value of $5000. These books were a gift from Catholic Education to support the wonderful reading that our students are undertaking. All of the books are new and current titles and as they were unpacked many students were enthusiastic for the opportunity to read them soon.

We’re very grateful to Catholic Education for their continued support in creating more opportunities for our students to become confident and passionate readers. These books will go straight into classrooms, rather than the Library, for easy access by students on a daily basis.

Nurturing personal and academic growth...
...a journey from Kindergarten to Year 6.
A note has been sent home today calling for volunteers for a book covering afternoon. We would love the assistance of some parents who could spend an hour or two after school covering these new books. This way we can get them into classrooms for students as soon as possible. Happy Reading everyone!

Matthew Garton

CATHOLIC COMMUNITY LIFE

First Communion
How are you going with your workbooks? Please remember to set aside some time each week to complete a couple of pages at a time. The entire book needs to be finished by July. See you at the Retreat Day on Sunday 5 June. We will begin with Mass at 9:00am and finish by 1:00pm.

Mountainview Mass

Last Thursday 19 May students in Year 6 walked up to Mountain View Retirement Home to participate in the monthly Mass held for residents. When we arrived, students had the opportunity to meet with the eager residents, many of whom had gathered especially to spend time with our Year 6 students. We sang Be God’s before joining the residents in a celebration of Mass.

During the Mass, students were asked to lay their hands on the residents’ shoulders as a way of showing support as Father Steve anointed each resident with Holy Oil. Residents were also asked to raise their hands in blessing the students, which was a very special moment.

After the Mass concluded, Year 6 students treated the residents to an encore performance of Be God’s, much to the appreciation of the residents. Students then shared morning tea with the residents and had the opportunity to spend more time chatting to them. It was wonderful to re-connect with some of the residents we have met on previous visits.

Year 6 students are to be congratulated for the warm and mature way they interacted with the residents of Mountain View and for the wonderful leadership they demonstrated in representing St. Benedict’s School.
Meaghan Younger  
Religious Education Coordinator

SCHOOL EVENTS

Exploring the world of Mathematics

“This is too much fun to be school,” exclaimed Elvy Buckley last Thursday morning as Year Five were investigating the concept of volume in Mathematics and were given the challenge to create cubes out of newspaper. Using this creation, they applied the formula they learnt (Length x Width x Height) to develop a strong physical sense of volume.
SCHOOL NOTICES

Canteen
FRIDAY, 27 May 9.00am – 11.30am
Helpers Needed
11.30am – 2.00pm
Helpers Needed
11.30am – 2.00pm
Helpers Needed
MONDAY, 30 MAY 9.00am – 11.30am
Helpers Needed
11.30am – 2.00pm
Helpers Needed

Thank you for all help given. Please let Belinda know at the Front Office if you are able to help (even for an hour or two). Any time will be greatly appreciated.
Nancy Lyons, Canteen Manager

Happy Birthday to the following children who celebrate their special day this week: Anica K and Sophie B.

Weekly Notes
The following notes have gone home this week and are currently on the website.
- School Photo Form – Due by 31st May
- School Fees – Due by 25th May
- Entertainment Books – Due by 27th May
- Winter Uniform – Due by 3rd June
- Book Covering

Dates to Remember
- 26th May – Sorry Day Liturgy 2.15pm
- 31st May – ICAS Science
- 31st May – School Photos (Change of date)
- 8th June – P&F Meeting, 6.30pm

Merit Certificates Recipients
KINDERGARTEN
- Isadora N

YEAR 1

YEAR 2
- Ventura S and Rose G

YEAR 3/4E
- Sean F and Lilly M

YEAR 3/4B
- Sebastian B and Issac D

YEAR 5/6S
- Shanae R and Alexander M

YEAR 5/6Y
- Amber T and Louis H

ITALIAN
- Marissa M and Ragsajan R

House Point Winners
The points for Week 3, Term 2 were Murramai 600, Arakoola 790 and Tangara 970.

At the end of Week 3, Term 2 the year totals were: Murramai 10,242, Arakoola 10,000 and Tangara 9,570.

CONGRATULATIONS to this week’s winners: Tangara 970!
School Photos Change

Tuesday 31st May is school photos, all students will need to be in full winter school uniform. All school photo order forms must be returned on or before Tuesday 31st May (Photo Day). Please ensure all hair is neat and tidy with longer hair tied back.

School Banking

A number of students are handing their Bank Books in on Wednesday afternoon or Thursday morning. Staff are allocated time on Wednesdays only for Student Banking. All Bank Books need to be at the Front Office Wednesday morning at the latest.

P & F Updates

Entertainment Books for 2016/2017

The books were sent home last Thursday and either the envelope with purchasing instructions or the book need to be returned by tomorrow. The books contain fantastic dining, accommodation and family entertainment discount coupons.

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St Benedict’s Primary School

We are selling the popular Entertainment™ Books, to raise money for our school. The Books sell for $60, and we keep $12 for every one we sell.

The Entertainment™ Books are available as a Book (with a gold card and vouchers) or as a Digital Membership that puts all the offers on your smartphone to redeem at the touch of a button.

Take a look what’s inside, you only need to use it twice and it will have paid for itself!

HOW DO I BUY MY ENTERTAINMENT™ BOOK / DIGITAL MEMBERSHIP?

1. To buy the Entertainment™ Book:

Simply keep the Book your child brought home and make your payment online www.entbook.com.au/23231n or complete the order form below and return in your personalised envelope to the front office by Friday 27 May 2016.

2. To buy the Entertainment™ Digital Membership:

Make your payment online at www.entbook.com.au/23231n, or complete the order form below. Your Digital Membership will be emailed to you so please return the Entertainment™ Book in your personalised envelope to the front office by Friday 27 May 2016.

Need more than one? Extra memberships can be purchased either online or using the below form.

If you, or any of your family or friends do not want to purchase the Entertainment™ Book, please return the Book in the personalised envelope provided, clearly marked with your child’s name.

To order your Book or your Digital Membership securely online visit: www.entbook.com.au/23231n

If you can’t purchase online, please complete your details below and we will process your order on your behalf:

St Benedict’s Primary School

Child’s Name: _______________________________ Class: _______________________________

Email: _______________________________ Phone Number*: _______________________________ (*Required)

Canberra Edition $60 including GST: # ______ Book(s) # ______ Digital Membership(s)

Payment type: [ ] CASH [ ] VISA [ ] MASTERCARD

Credit Card number: __________ / __________ / __________ / __________ Expiry date: __________ / __________

Cardholder’s Name: _______________________________ Signature: _______________________________

*CVV is the 3 digits on the back of your credit card

If you have any questions, please contact our front office on 6295 8027
End of May is Hats Off Day

In Canberra, May is when we start to see daily UV levels drop, to what is considered "low" levels (under 3). This generally occurs during the morning and afternoon periods. However by the end of May UV levels drop and remain low (under 3) all day for a few months and so End of May is Hats Off Day for Canberra schools, with hats remaining off for all of June and July.

Why Hats Off Day?

Being SunSmart is all about being "smart" when spending time outdoors in the sun, this includes having an understanding around the balance required between UV exposure, sun protection and vitamin D.

During the summer period, maintaining vitamin D levels should be relatively easy for children who are active and spend time outdoors most days of the week, even with sensible sun protection.

The fact is that your body should be able to store your summer vitamin D levels over the winter period, however by leaving your hat off during this low UV period and getting some winter sun exposure to your skin you can assist with its vitamin D production to maintain adequate levels built up over the summer period.

Winter Sun Exposure

In winter, by exposing some skin most days of the week during the middle of the day (when UVB will be present), students should be able to maintain the bulk of their summer vitamin D.

Research also suggests that maintaining daily physical activity throughout the winter period, ie at lunch time, will also assist the body with its efforts to produce and maintain vitamin D.

COMMUNITY NOTICES

G.A.T.E. WAYS PARENT ENROLLED MID YEAR FESTIVALS - OPEN FOR ENROLMENT

The Canberra K-7 Festival will be hosted by Canberra Grammar School in Red Hill on Monday and Tuesday June 27 and 28 from 8.45 - 2.30. Information can be found at www.gateways.edu.au and go to Parent Enrolled Programs.

Mothers Love Conquers the World

Mothers Prayers group would like to invite all mothers, aunties, grandmothers and female carers to Monday morning prayers at 9.30am. On the last Monday of each term the Mothers prayers group meet in the school Library.